



teeth

# a smile to be proud of

SYDNEY IMPLANT AND COSMETIC DENTIST **DR DAVID DUNN** SHARES HIS ADVICE FOR CHOOSING THE MOST SUITABLE TREATMENTS FOR THE BEST RESULTS POSSIBLE.

Most people want a beautiful smile. We all appreciate how a beautiful smile implies health and vitality and significantly contributes to a youthful appearance. However, achieving a beautiful smile must not be at the expense of long-term function, comfort, biological health and stability. In a well-developed aesthetic treatment plan all of these goals need to be respected to provide long-term benefits for our patients.

Patients are often bombarded with differing approaches and technologies in an attempt to provide a treatment solution. Our treatment philosophy is patient focused – we are motivated to achieve excellence in treatment outcomes by listening to each of our patient's expectations and desired results.

## The beginning – your consultation

The first step in providing an excellent aesthetic and functional treatment outcome is the initial consultation. At this appointment, we will discuss with you your concerns as well as the anticipated ideal treatment outcome. This is an important listening time to establish your priorities and how to best meet these needs.

Records such as digital images, radiographs and study models may also be taken to assist in diagnosis and the most suitable comprehensive treatment plan. A thorough examination of your mouth can also be undertaken with the use of an intraoral camera to show you what your mouth looks like on the inside.

The success of any future treatment undertaken depends on the health and stability of the supporting bone and gums around your teeth. If this is not addressed, it would be like building a new building on quicksand, which is bound to eventually fail. Hygiene maintenance is also an important part of the ongoing care and protection of your teeth and gums. This is especially important in helping maintain a new smile over the ensuing years.

Following the completion of your examination, record taking and initial hygiene therapy, a follow-up consultation is arranged where you are presented with an individualised and detailed treatment plan to address your aesthetic concerns and original 'wish list'.

This is an opportunity for you to discuss these options in more detail and work together with us to define a treatment plan that you are most comfortable with, which fulfils your original needs.

## Case study 1



BEFORE (misshapen, gappy teeth)



AFTER porcelain veneers by Dr Dunn



BEFORE (misshapen, gappy teeth)



AFTER porcelain veneers by Dr Dunn

## Case study 2



BEFORE (acid erosion and heavy bruxing wear)



AFTER foundation build-up on posterior teeth to open bite, and all-porcelain crowns on the upper six teeth by Dr Dunn

## The middle – your treatment

We can all appreciate that dental procedures can be uncomfortable at times. We offer our patients a range of anaesthesia options, from nitrous oxide sedation, oral sedation through to intravenous sedation (sleep dentistry) in our rooms with a specialist anaesthetist.

For dental implants, we utilise a cone beam scanner (special 3D digital radiographs-tomograms to enable the visualisation of your anatomy in 3D) so that implant assessment can be undertaken with the highest degree of accuracy. This eliminates the need for referrals and appointments for radiologists at a separate facility.

In contemplating cosmetic and reconstructive dental procedures, undertake good 'due diligence' when selecting your dentist. This treatment should not be undertaken

lightly. Ultimately, to use an old carpenter's rule, measure it twice and cut it once! We take great pride in meeting our patients' needs – and exceeding their expectations.

## The end – your beautiful smile

You should have now achieved the beautiful smile you have always wanted. Going through a detailed and thorough consultation process ensures that, when you look in the mirror, you can be proud of your smile, your appearance and experience a renewed sense of self-confidence.

It is important regular examinations and hygiene maintenance is maintained to maximise the benefits of your investment. You don't buy a new car and then neglect to change the oil. With appropriate care you can enjoy the benefits of your treatment over the years to come. **acsm**